



August 2020

Lunch Menu

	Mon	Tues	Wed	Thurs	Fri	
WEEK 1	3 Chicken Patty on a Bun (WGR) ¼ cup Green Beans ¼ cup Mandarin Oranges 6 oz. Milk	4 Penne Pasta with meat and cheese ¼ cup Mixed Vegetables ¼ cup Diced Pears 6 oz. Milk	5 Chicken Nuggets ¼ cup Corn ¼ cup Peaches 6 oz. Milk	6 Ham Sandwich(WGR) ¼ cup Carrot Sticks ¼ cup Pineapple 6 oz. Milk	7 Pizza with Meat(WGR) ¼ cup Tossed Salad ¼ cup Applesauce 6 oz. Milk	(WGR) whole grain rich
WEEK 2	10 Chicken Patty Parmesan (WGR) ¼ cup Green Beans ¼ cup Mandarin Oranges 6 oz. Milk	11 Baked Macaroni and Cheese ¼ cup Mixed Vegetables ¼ cup Diced Pears 6 oz. Milk	12 Fish Sticks ¼ cup Corn ¼ cup Peaches 6 oz. Milk	13 Turkey Sandwich(WGR) Cucumber Slices ¼ cup Pineapple 6 oz. Milk	14 Teriyaki Chicken on a Bun (WGR) ¼ cup Peas ¼ cup Applesauce 6oz. Milk	
WEEK 3	17 BBQ Chicken 1 Slice of Bread ¼ cup Green Beans ¼ cup Mandarin Oranges 6 oz. Milk	18 Soft Tacos with Meat and Cheese Lettuce and Tomato ¼ cup Diced Pears 6 oz. Milk	19 Meatball Sandwich(WGR) ¼ cup Broccoli ¼ cup Peaches 6 oz. Milk	20 Bologna Sandwich (WGR) ¼ cup Carrot Sticks ¼ cup Pineapple 6 oz. Milk	21 Pizza with Meat(WGR) ¼ cup Tossed Salad ¼ cup Applesauce 6 oz. Milk	All chicken patties, chicken nuggets, fish sticks and fish sandwiches are cn labeled to meet the CACFP Healthy Meal Pattern requirements
WEEK 4	24 Chicken Patty on a Bun (WGR) ¼ cup Green Beans ¼ cup Mandarin Oranges 6 oz. Milk	25 Penne Pasta with meat and cheese ¼ cup Mixed Vegetables ¼ cup Diced Pears 6 oz. Milk	26 Chicken Nuggets ¼ cup Corn ¼ cup Peaches 6 oz. Milk	27 Ham Sandwich(WGR) ¼ cup Cucumber Slices ¼ cup Pineapple 6 oz. Milk	28 Grilled Chicken on a Bun (WGR) ¼ cup Peas ¼ cup Applesauce 6oz. Milk	
WEEK 5	31 BBQ Pork Rib Patty on a Bun (WGR) ¼ cup Green Beans ¼ cup Mandarin Oranges 6 oz. Milk					Meat/Meat Alternative can be: Chicken Nuggets or Chicken Patties, Fish Sticks, Hamburgers, Sandwiches

Milk Serving Size: Toddlers: ½ Cup whole milk 3-5 Years: 6 oz. 1% Milk